

## FBISD SHAC 2023-2024

### February 28, 2024 Meeting Agenda

#### Theme: Wellness-Centered Leadership

- I. Welcome & Mindful Moment – Allison Thummel, SHAC Chair (12:00-12:10)  
Allison opens the meeting at 12:01 pm with a wellness moment to consider self-care, personal satisfaction, and compassion for others.
- II. Presentations and Brain Break (12:10-1:15 pm)
  - A. FB County, Kaila Williams, MPH, MEP, CPH, Director-Health Communications, Education & Engagement, Fort Bend Health & Human Services  
Following the presentation, a QR code for community feedback was shown on the screen and a flyer with the QR code was passed around. The presenter seeks ideas on how to address health priorities.
  - B. Wellness Policy Triennial Review, Lori Sartain, FBISD Director of Behavioral Health & Wellness  
Allison explained prior to the presentation that SHAC must have a triennial assessment every 3 years. Lori presented data on the Wellness Policy and the assessments used across campuses. If any SHAC members would like to participate in the Wellness Plan Task Force, contact LaDonna Green. Also, the policy will be shared once it is completed.  
Q: For opportunities to get involved, it is for the rest of this school year? A: No timeline required. We'll meet soon and determine the timeline.
  - C. Brain Break, District Student Wellness Coalition  
Students from Austin High School explained and lead a game of Kahoot!
  - D. Campus Safety Update-David Rider, FBISD Chief of Police  
Chief Rider talked about the presence of security guards at elementary schools. The 88<sup>th</sup> legislative session made it a requirement to have an armed officer on every campus in the state of Texas. FBISD already had an officer at every high school and middle school. There are 51 elementary schools in FBISD and a shortage of police officers in every agency. He shared and explained the options for officers at our elementary schools: guardian, marshal, and private security; the best option for FBISD is to hire private security. He also emphasized the importance of building relationships between the officers and students, staff, and community.  
Q: How do you monitor security guards, and can you change them out?  
A: FBISD has contracts with 2 companies. Principals communicate issues with FBISD Police Department. FBISD has the right to ask the contracted companies for a replacement.  
Q: Are there currently 50 officers in all elementary schools?  
A: Every campus has been covered since January 4, 2024.
  - E. Fentanyl Awareness Prevention-Lori Sartain  
Senate Bill 629: FBISD currently has NARCAN at every high school and middle school campus. Nurses and officers have been trained in how to use it, and principals will be trained soon.  
House Bill 3144: October is Fentanyl Poisoning Awareness Month.  
House Bill 3908: Each school district must provide education to students in 6<sup>th</sup>-12<sup>th</sup> grade annually.  
Lauren Ibekwe with Fort Bend Regional Council spoke on the 36-minute video lesson that was created for 6<sup>th</sup>-12<sup>th</sup> grade students as well as additional drug prevention

education and tools that is available from the council. There is also a youth coalition that meets every other Thursday. Discussion and Q&A followed.

Q: Would you be a good person to come to a wellness event? A: Yes

Q: Is the lesson geared toward students? Parts of the video seemed geared for parents.

A: The video was created for student education.

Q: How big is the problem in FBISD or county? A: There are no specific numbers for fentanyl—unable to capture since fentanyl is in other substances. Other substance use is lower than the national average. Vaping is the biggest reported problem locally.

Q: Why is it not shown in elementary school? A: The council was specifically asked to create education for 6<sup>th</sup>-12<sup>th</sup> grade. There is other curriculum available for elementary students.

Q: Is there any room for editing the presentation? A: Yes. The council welcomes suggestions.

Additional comments: It seemed long and maybe add a list of resources. *Resources are available on the website and via QR code at the end of video.* It needs a hook at the start of the video to get the audience's attention. Local data and stats could be included in the video. *Stats were intentionally left out because they are less relatable for students.*

III. Administration (1:15-1:35 pm) A quorum was confirmed.

A. Vote Fentanyl Poisoning Awareness Education

Allison Thummel moved to add Fentanyl Poisoning Awareness Education to the current health education curriculum. It was seconded by Pearl Lam. All in favor. Motion passed.

B. Vote Minutes, December 6, 2023 SHAC Meeting-Catalina Flores-Rau, SHAC Vice-Chair

Motion to approve minutes as distributed by Doug Earle, seconded by Grayle James, all in favor, none opposed.

C. 2024-2026 SHAC Executive Nominations-Catalina Flores-Rau

It is a state law that executive members must be a parent with a student in the district. Seeking more nominations for slate of candidate.

D. 2024-2025 SHAC Goals, Allison Thummel

i. Allison shared proposed goals/recommendations to present to the Board of Trustees for 2024-2025.

ii. Proposed Additional Legislative Priority for sexual education programs and curriculum for students in elementary, middle, and high school. There was a discussion with Q & A. SHAC will look at the language and a vote will take place at the next SHAC meeting on April 10<sup>th</sup>.

E. Past Events & Upcoming Events-LaDonna Green, Wellness, Health & Prevention Specialist

Susan from the Nutrition subcommittee shared upcoming nutrition events.

F. Whole Child Health Fair: Paresh (student) is requesting help to find vendors, session leaders, and speakers for the event. No date has been set.

IV. Meeting in Closed Session (1:35-1:45 pm)

Breakout Session SHAC Goals at 1:37 pm

Attendees were divided into 4 groups and were asked to discuss the proposed goals and recommendations to present to the Board of Trustees.

V. Meeting closure-Allison Thummel: Allison adjourned the meeting at 1:47 pm. She showed action items for liaisons and students.

Member Resources:

2023-2024 FBISD SHAC Survey: <https://www.surveymonkey.com/r/Q8YXK7N>

Fentanyl Poisoning Awareness Education: [Fentanyl Poisoning Awareness Instruction - Google Drive](#)

**NEXT FBISD SHAC MEETING: April 10 2024, 12:00 pm-2pm, Location: FBISD Board Room**

**SHAC members in attendance on 2/28/24:**

1. Sandy Bristow COMMUNITY
2. Doug Earle COMMUNITY
3. Derek Craig, PhD COMMUNITY
4. Grayle James COMMUNITY
5. Pilar Westbrook, Ed.D DISTRICT
6. Lori Sartain DISTRICT
7. Brett Lemley, Ed.D. DISTRICT
8. LaDonna Green DISTRICT
9. Susan Nayeri DISTRICT
10. Natalie Bostic, RN DISTRICT
11. Kim Taylor DISTRICT
12. Bart Rosebure DISTRICT
13. Allison Thummel, MPH, RDN, LDN PARENT
14. Ana Catalina Flores-Rau PARENT
15. Dana Tran, OD PARENT
16. Melanie Anbarci PARENT
17. Rocaille Roberts PARENT
18. Ivette Castillo PARENT
19. Vanessa Gaona PARENT
20. Pearl Lam PARENT
21. Whitney Moody PARENT
22. Eugenia Peck PARENT
23. Ayesha Saleem PARENT
24. Tempestt Bui PARENT

**Guests in attendance on 2/28/24:**

1. John Reyes
2. Gwen Sims
3. Eral Everson
4. Barbara Irving
5. Kim Lawson
6. Tiffany Unnuh
7. Lauren Ibekwe
8. Kaila Williams
9. David Rider
10. Chassidy Olainualade